Tobacco Use and Exposure – Dillingham Census Area

**Tobacco Use and Exposure**

- **Adults who are current smokers (± 7%)**: 43%
- **Adults who currently use smokeless tobacco (± 6%)**: 10%
- **Women who smoked during the last 3 months of pregnancy (± 7%)**: 33%
- **Adults exposed to secondhand smoke in their home (± 7%)**: 12%

Note: Prenatal smoking, PRAMS 2000-2006 data, for region including Aleutians East and West, Bristol Bay, Lake & Peninsula and Dillingham. Other indicators, BRFSS 2004-2007 data. 95% confidence interval half-widths (margins of error) are presented in parentheses.

**Community Indicators for Dillingham Census Area**

- 94% of adults have a household ban on smoking (± 4%)
- 76% of adults agree that smoking should not be allowed in public indoor areas (± 10%)
- 81% of adults agree that smoking should not be allowed in restaurants (± 8%)
- 71% of those who work mostly indoors are protected by smokefree workplace policies (± 14%)
- 68% of smokers tried to quit in the past year (± 11%)
- 26% of current and former smokers started smoking regularly before age 18 (± 13%)

**People Affected in Dillingham Census Area** 2007 population: 4,792

Approximately:

- 1,280 adults smoke
- 300 adults use smokeless tobacco
- 360 adults are exposed to secondhand smoke in their homes
- 140 youth are exposed to secondhand smoke in their homes
- 30 infants are exposed prenatally* to tobacco smoke each year
- 15 cancers diagnosed in the past five years are smoking-related
- 20 adults have died in the past five years from smoking-related causes

* *Exposure to secondhand smoke can cause health problems and death in infants before birth.
Statewide Summary on Youth and Tobacco

- Cigarette smoking among Alaska high school students has decreased from 37% in 1995 to 18% in 2007.
- Cigarette smoking among Alaska Native high school students has decreased from 62% in 1995 to 32% in 2007.
- In 2007, 69% of Alaska youth smokers got their cigarettes primarily from other people around them.
- 9% of retailers sold tobacco products to minors in 2007.

Local Policies and Activities for Tobacco Prevention and Control – Dillingham Census Area

- The Alaska Tobacco Prevention and Control Program awards grants to local and regional organizations for local tobacco prevention and control. Contact the Program for an updated list of grantees.
- Local school districts may participate in the Youth Risk Behavior Survey, and organizations can work with them to obtain local information about youth tobacco use and exposure.
- Some boroughs and municipalities in Alaska have health and safety powers and can set local policy and taxes.
- Dillingham Census Area is part of the Unorganized Borough, with one 1st Class City (Dillingham) and six 2nd Class Cities. For more information on Borough and Municipal government, see these sites: http://justice.uaa.alaska.edu/links/government/ak_local.html and http://www.commerce.state.ak.us/dca/LOGON/home.cfm.
- There are not yet any communities in the Dillingham Census Area that have local taxes on tobacco products.
- Five communities in the Dillingham Census Area have local policies regarding secondhand smoke.

State Program Contact Information:
Alaska Tobacco Prevention and Control Program
Alaska Department of Health and Social Services
Phone: 907-269-2020
E-mail: tobacco@alaska.gov
Web: http://www.hss.state.ak.us/dph/chronic/tobacco/default.htm

*PRENATAL SMOKE EXPOSURE DURING THE LAST THREE MONTHS OF PREGNANCY.
DATA SOURCES: ADULT TOBACCO USE AND EXPOSURE – AK DHSS, BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM (BRFSS); YOUTH TOBACCO USE – AK YOUTH RISK BEHAVIOR SURVEY (YRBS); POPULATION ESTIMATES – AK DEPARTMENT OF LABOR AND WORKFORCE DEVELOPMENT; MATERNAL SMOKING DURING PREGNANCY – AK PREGNANCY RISK ASSESSMENT MONITORING SYSTEM (PRAMS); TOBACCO-RELATED CANCER INCIDENCE – AK CANCER REGISTRY; BIRTH AND DEATH DATA – AK BUREAU OF VITAL STATISTICS. SEE APPENDICES FOR ADDITIONAL INFORMATION.
Tobacco Use and Exposure – Bethel Census Area

<table>
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<th>Tobacco Use and Exposure</th>
<th>0%</th>
<th>10%</th>
<th>20%</th>
<th>30%</th>
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<tbody>
<tr>
<td>Adults who are current smokers (± 4%)</td>
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<td>33%</td>
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<tr>
<td>Adults who currently use smokeless tobacco (± 4%)</td>
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<td>27%</td>
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<td>Women who smoked during the last 3 months of pregnancy (± 3%)</td>
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<td>18%</td>
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<tr>
<td>Adults exposed to secondhand smoke in their home (± 4%)</td>
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Community Indicators for Bethel Census Area

- 94% of adults have a household ban on smoking (± 2%)
- 86% of adults agree that smoking should not be allowed in public indoor areas (± 4%)
- 81% of adults agree that smoking should not be allowed in restaurants (± 5%)
- 86% of those who work mostly indoors are protected by smokefree workplace policies (± 5%)
- 61% of smokers tried to quit in the past year (± 7%)
- 43% of current and former smokers started smoking regularly before age 18 (± 9%)

People Affected in Bethel Census Area

2007 population: 16,832

Approximately:
- 3,260 adults smoke
- 2,670 adults use smokeless tobacco
- 880 adults are exposed to secondhand smoke in their homes
- 240 youth are exposed to secondhand smoke in their homes
- 75 infants are exposed prenatally* to tobacco smoke each year
- 30 cancers diagnosed in the past five years are smoking-related
- 60 adults have died in the past five years from smoking-related causes

Bethel Census Area

Source: Alaska Department of Labor and Workforce Development, Research and Analysis and U.S. Census Bureau, 2000 Tenth Census.
Statewide Summary on Youth and Tobacco

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